



Prompts for AI-Supported Soul Development

- Given everything you know about me, project a positive story about myself for 3 years time.
- What spiritual lessons am I currently being called to learn?
- Write a love letter from my future self reminding me who I really am.
- What patterns are keeping me from living in alignment with my soul's purpose?
- If my soul could speak directly through AI, what message would it want me to hear right now?
- Give me a daily soul-care ritual based on raising vibration and intuitive alignment.
- Channel a higher message from my guides about the next stage of my evolution.
- Help me write a soul mission statement I can revisit when I feel off track.
- Create 10 journaling questions that help me deepen self-awareness and compassion.
- I want to feel more peaceful and present. What energetic or mindset shifts do I need right now?
- Design a guided meditation to help me connect to my higher self.
- What are 5 signs that I'm growing spiritually, even when I feel stuck?
- How can I bring more divine feminine/masculine balance into my daily life?
- What affirmations best match the version of me I'm stepping into?
- Describe a future timeline where I'm spiritually fulfilled, free, and at peace.
- If I were completely guided by love, what decisions would I be making right now?
- What rituals or practices can I use to strengthen my connection to Spirit?
- Offer 3 visualization exercises to help me embody my highest frequency.
- How can I transmute current emotional pain into wisdom or service?
- What would my soul say to me right now if it had no limits or filters?



LIFE VISION ACADEMY

©Barry Auchettl 2025
www.LifeVisionAcademy.com